SHINE (Serving Health Information Needs of Elders) Program Toll Free State-wide Number – 1-800-243-4636

This chart identifies the regional office phone numbers by the town or city of the caller

This chart identifies the regional office phone numbers by the town or city of the caller			
Chinese Elders, Professionals and Caregivers			
Statewide	Chinese Golden Age Center	617-426-1628	
Statewide	Chinese dolden Age Center	017-420-1020	
City or Town	Regional Office is located in	Work Phone	
Abington	Middleborough – Council on Aging	800-231-1155	
Acton	Burlington – Minuteman Senior Services	781-272-7177	
Acushnet	Middleborough – Council on Aging	800-231-1155	
Adams	Pittsfield – Elder Services of Berkshire County	413-499-0524	
Agawam	Springfield – Department of Elder Affairs	413-750-2893	
Alford	Pittsfield – Elder Services of Berkshire County	413-499-0524	
Allston	Boston - Commission on Affairs of the Elderly	617-635-4366	
Amesbury	Lawrence-Elder Services of Merrimack Valley	978-683-7747	
Amherst	Turners Falls – Franklin County Home Care	413-773-5555	
Andover	Lawrence-Elder Services of Merrimack Valley	978-683-7747	
Arlington	Burlington – Minuteman Senior Services	781-272-7177	
Ashburnham	Milford - Central Mass Association of COA	508-422-9931	
Ashby	Milford - Central Mass Association of COA	508-422-9931	
Ashfield	Turners Falls – Franklin County Home Care	413-773-5555	
Ashland	Needham – Council on Aging	781-453-8076	
Athol	Turners Falls – Franklin County Home Care	413-773-5555	
Attleboro	Attleboro – Council on Aging	508-222-1399	
Auburn	Milford - Central Mass Association of COA	508-422-9931	
Avon	Middleborough – Council on Aging	800-231-1155	
Ayer	Milford - Central Mass Association of COA	508-422-9931	
Back Bay	Boston - Commission on Affairs of the Elderly	617-635-4366	
Barnstable	Yarmouth - Council on Aging	508-394-9326	
Barre	Milford - Central Mass Association of COA	508-422-9931	
Beacon Hill	Boston - Commission on Affairs of the Elderly	617-635-4366	
Becket	Pittsfield – Elder Services of Berkshire County	413-499-0524	
Bedford	Burlington – Minuteman Senior Services	781-272-7177	
Belchertown	Springfield – Department of Elder Affairs	413-750-2893	
Bellingham	Milford - Central Mass Association of COA	508-422-9931	
Belmont	Needham – Council on Aging	781-453-8076	
Berkeley	Attleboro – Council on Aging	508-222-1399	
Berlin	Milford - Central Mass Association of COA	508-422-9931	
Bernardston	Turners Falls – Franklin County Home Care	413-773-5555	
Beverly	Lawrence-Elder Services of Merrimack Valley	978-683-7747	
Billerica	Lawrence-Elder Services of Merrimack Valley	978-683-7747	
Blackstone	Milford - Central Mass Association of COA	508-422-9931	
Blandford	Springfield – Department of Elder Affairs	413-750-2893	
Bolton	Milford - Central Mass Association of COA	508-422-9931	

City or Town	Regional Office is located in	Work Phone
Boston	Boston - Commission on Affairs of the Elderly	617-635-4366
Bourne	Yarmouth - Council on Aging	508-394-9326
Boxborough	Burlington – Minuteman Senior Services	781-272-7177
Boxford	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Boylston	Milford - Central Mass Association of COA	508-422-9931
Braintree	Sharon - HESSCO	781-784-4944
Brewster	Yarmouth Council on Aging	508-394-9326
Bridgewater	Middleborough – Council on Aging	800-231-1155
Brighton	Boston - Commission on Affairs of the Elderly	617-635-4366
Brimfield	Springfield – Department of Elder Affairs	413-750-2893
Brockton	Middleborough – Council on Aging	800-231-1155
Brookfield	Milford - Central Mass Association of COA	508-422-9931
Brookline	Needham - Council on Aging	781-453-8076
Buckland	Turners Falls – Franklin County Home Care	413-773-5555
Burlington	Burlington – Minuteman Senior Services	781-272-7177
Buzzards Bay	Yarmouth - Council on Aging	508-394-9326
Cambridge	Burlington – Minuteman Senior Services	781-272-7177
Canton	Sharon - HESSCO	781-784-4944
Carlisle	Burlington - Minuteman Senior Services	781-272-7177
Carver	Middleborough – Council on Aging	800-231-1155
Charlemont	Turners Falls – Franklin County Home Care	413-773-5555
Charlestown	Boston - Commission on Affairs of the Elderly	617-635-4366
Charlton	Milford - Central Mass Association of COA	508-422-9931
Chatham	Yarmouth - Council on Aging	508-394-9326
Chelmsford	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Chelsea	Malden - Mystic Valley Elder Services	781-324-7705
Cheshire	Pittsfield -Elder Services of Berkshire County	413-499-0524
Chester	Turners Falls – Franklin County Home Care	413-773-5555
Chesterfield	Turners Falls – Franklin County Home Care	413-773-5555
Chicopee	Springfield – Department of Elder Affairs	413-750-2893
Chilmark	Yarmouth - Council on Aging	508-394-9326
Chinatown	Boston - Commission on Affairs of the Elderly	617-635-4366
Clarksburg	Pittsfield -Elder Services of Berkshire County	413-499-0524
Clinton	Milford - Central Mass Association of COA	508-422-9931
Cohasset	Sharon - HESSCO	781-784-4944
Colrain	Turners Falls – Franklin County Home Care	413-773-5555
Columbia Point	Boston - Commission on Affairs of the Elderly	617-635-4366
Concord	Burlington – Minuteman Senior Services	781-272-7177
Conway	Turners Falls – Franklin County Home Care	413-773-5555
Cummington	Turners Falls – Franklin County Home Care	413-773-5555
Dalton	Pittsfield -Elder Services of Berkshire County	413-499-0524
Danvers	Malden - Mystic Valley Elder Services	781-324-7705
Dartmouth	Middleborough – Council on Aging	800-231-1155
Dedham	Sharon - HESSCO	781-784-4944

City or Town	Regional Office is located in	Work Phone
Deerfield	Turners Falls – Franklin County Home Care	413-773-5555
Dennis	Yarmouth - Council on Aging	508-394-9326
Dighton	Attleboro – Council on Aging	508-222-1399
Dorchester	Boston - Commission on Affairs of the Elderly	617-635-4366
Douglas	Milford - Central Mass Association of COA	508-422-9931
Dover	Needham – Council on Aging	781-453-8076
Dracut	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Dudley	Milford - Central Mass Association of COA	508-422-9931
Dunstable	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Duxbury	Middleborough – Council on Aging	800-231-1155
East Boston	Boston - Commission on Affairs of the Elderly	617-635-4366
East Bridgewater	Middleborough – Council on Aging	800-231-1155
East Brookfield	Milford - Central Mass Association of COA	508-422-9931
East Douglas	Milford - Central Mass Association of COA	508-422-9931
East Longmeadow	Springfield – Department of Elder Affairs	413-750-2893
Eastham	Yarmouth - Council on Aging	508-394-9326
Easthampton	Turners Falls – Franklin County Home Care	413-773-5555
Easton	Middleborough – Council on Aging	800-231-1155
Edgartown	Yarmouth - Council on Aging	508-394-9326
Egremont	Pittsfield -Elder Services of Berkshire County	413-499-0524
Erving	Turners Falls – Franklin County Home Care	413-773-5555
Essex	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Everett	Malden - Mystic Valley Elder Services	781-324-7705
Fairhaven	Middleborough - Council on Aging	800-231-1155
Fall River	Attleboro – Council on Aging	508-222-1399
Falmouth	Yarmouth - Council on Aging	508-394-9326
Fenway	Boston - Commission on Affairs of the Elderly	617-635-4366
Fitchburg	Milford - Central Mass Association of COA	508-422-9931
Florida	Pittsfield -Elder Services of Berkshire County	413-499-0524
Foxborough	Sharon - HESSCO	781-784-4944
Framingham	Needham – Council on Aging	781-453-8076
Franklin	Milford - Central Mass Association of COA	508-422-9931
Freetown	Attleboro – Council on Aging	508-222-1399
Gardner	Milford - Central Mass Association of COA	508-422-9931
Gay Head	Yarmouth - Council on Aging	508-394-9326
Georgetown	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Gill	Turners Falls – Franklin County Home Care	413-773-5555
Gloucester	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Goshen	Turners Falls – Franklin County Home Care	413-773-5555
Gosnold	Middleborough - Council on Aging	800-231-1155
Grafton	Milford - Central Mass Association of COA	508-422-9931
Granby	Springfield – Department of Elder Affairs	413-750-2893
Granville	Springfield – Department of Elder Affairs	413-750-2893
Great Barrington	Pittsfield -Elder Services of Berkshire County	413-499-0524

City or Town	Regional Office is located in	Work Phone
Greenfield	Turners Falls – Franklin County Home Care	413-773-5555
Groton	Milford - Central Mass Association of COA	508-422-9931
Groveland	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Hadley	Turners Falls – Franklin County Home Care	413-773-5555
Halifax	Middleborough – Council on Aging	800-231-1155
Hamilton	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Hampden	Springfield – Department of Elder Affairs	413-750-2893
Hancock	Pittsfield -Elder Services of Berkshire County	413-499-0524
Hanover	Middleborough – Council on Aging	800-231-1155
Hanson	Middleborough – Council on Aging	800-231-1155
Hardwick	Milford - Central Mass Association of COA	508-422-9931
Harvard	Burlington – Minuteman Senior Services	781-272-7177
Harwich	Yarmouth - Council on Aging	508-394-9326
Hatfield	Turners Falls – Franklin County Home Care	413-773-5555
Haverhill	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Hawley	Turners Falls – Franklin County Home Care	413-773-5555
Heath	Turners Falls – Franklin County Home Care	413-773-5555
Hingham	Sharon - HESSCO	781-784-4944
Hinsdale	Pittsfield -Elder Services of Berkshire County	413-499-0524
Holbrook	Sharon - HESSCO	781-784-4944
Holden	Milford - Central Mass Association of COA	508-422-9931
Holland	Springfield – Department of Elder Affairs	413-750-2893
Holliston	Needham - Council on Aging	781-453-8076
Holyoke	Springfield – Department of Elder Affairs	413-750-2893
Hopedale	Milford - Central Mass Association of COA	508-422-9931
Hopkinton	Needham – Council on Aging	781-453-8076
Hubbardston	Milford - Central Mass Association of COA	508-422-9931
Hudson	Needham - Council on Aging	781-453-8076
Hull	Sharon - HESSCO	781-784-4944
Huntington	Turners Falls – Franklin County Home Care	413-773-5555
Hyannis	Yarmouth - Council on Aging	508-394-9326
Hyde Park	Boston - Commission on Affairs of the Elderly	617-635-4366
Ipswich	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Jamaica Plain	Boston - Commission on Affairs of the Elderly	617-635-3995
Kingston	Middleborough – Council on Aging	800-231-1155
Lakeville	Middleborough – Council on Aging	800-231-1155
Lancaster	Milford - Central Mass Association of COA	508-422-9931
Lanesborough	Pittsfield -Elder Services of Berkshire County	413-499-0524
Lawrence	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Lee	Pittsfield -Elder Services of Berkshire County	413-499-0524
Leicester	Milford - Central Mass Association of COA	508-422-9931
Lenox	Pittsfield -Elder Services of Berkshire County	413-499-0524
Leominster	Milford - Central Mass Association of COA	508-422-9931
Leverett	Turners Falls – Franklin County Home Care	413-773-5555

Lexington Burlington – Minuteman Senior Services 781-272-7177 Leyden Turners Falls – Franklin County Home Care 413-773-5555 Lincoln Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Longmeadow Springfield – Department of Elder Affairs 413-750-2893 Lowell Lawrence-Elder Services of Merrimack Valley 978-683-7747 Ludlow Springfield – Department of Elder Affairs 413-750-2893 Lunenberg Milford - Central Mass Association of COA 508-422-9931 Lynn Malden - Mystic Valley Elder Services 781-324-7705 Lynn Malden - Mystic Valley Elder Services 781-324-7705 Malden Malden - Mystic Valley Elder Services 781-324-7705 Manchester Lawrence-Elder Services of Merrimack Valley 978-683-7747 Mansfield Attleboro - Council on Aging 508-222-1399 Marblehead Malden - Mystic Valley Elder Services 781-324-7705 Marion Middleborough - Council on Aging 800-231-1155 Marion Middleborough - Council on Aging 800-231-1155 Mariborough Needham - Council on Aging 800-231-1155 Martha's Vineyard Yarmouth - Council on Aging 800-231-1155 Martha's Vineyard Yarmouth - Council on Aging 908-394-9326 Mattapan Boston Commission on Affairs of the Elderly 617-635-4366 Mattapoisett Middleborough - Council on Aging 800-231-1155 Maynard Burlington - Minuteman Senior Services 781-324-7705 Medway Milford - Central Mass Association of COA 508-422-9931 Melford Malden - Mystic Valley Elder Services 781-324-7705 Medmon Milford - Central Mass Association of COA 508-422-9931 Melford Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of COA 508-422-9931 Milbury Milford - Central Mass Association of	City or Town	Regional Office is located in	Work Phone
Leyden Turners Falls – Franklin County Home Care 413-773-5555 Lincoln Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Longmeadow Springfield – Department of Elder Affairs 413-750-2893 Lowell Lawrence-Elder Services of Merrimack Valley 978-683-7747 Ludlow Springfield – Department of Elder Affairs 413-750-2893 Lunenberg Milford - Central Mass Association of COA 508-422-9931 Lynn Malden - Mystic Valley Elder Services 781-324-7705 Lynn Malden - Mystic Valley Elder Services 781-324-7705 Lynnfield Malden - Mystic Valley Elder Services 781-324-7705 Manchester Lawrence-Elder Services of Merrimack Valley 978-683-7747 Mansfield Attleboro - Council on Aging 508-222-1399 Marblehead Malden - Mystic Valley Elder Services 781-324-7705 Marion Middleborough – Council on Aging 508-222-1399 Marblorough Needham – Council on Aging 800-231-1155 Marlborough Needham – Council on Aging 800-231-1155 Marshfield Middleborough – Council on Aging 800-231-1155 Marshfield Middleborough – Council on Aging 800-231-1155 Martha's Vineyard Yarmouth - Council on Aging 800-231-1155 Martha's Vineyard Yarmouth - Council on Aging 508-394-9326 Matapapa Boston Commission on Affairs of the Elderly 617-638-3466 Matapapa Boston Commission on Affairs of the Elderly 617-638-3466 Matapapa Boston Commission on Affairs of the Elderly 617-638-4366 Matapapa Boston Commission on Affairs of the Elderly Middleborough – Council on Aging 800-231-1155 Medway Milford - Central Mass Association of COA 508-422-9931 Medfield Sharon - HESSCO 781-784-4944 Medford Malden - Mystic Valley Elder Services 781-324-7705 Medway Milford - Central Mass Association of COA 508-422-9931 Metrimack Lawrence-Elder Services of Merrimack Valley 978-683-7747 Middleborough Middleborough – Council on Aging 800-231-1155 Middlefield Turners Falls – Franklin County Home Care 413-773-5555 Middlefield Turners Falls – Franklin County Home Care 413-773-5555 Middlefield Turners Falls – Franklin County Home Care 413-773-5555 Minition Sharon		· ·	781-272-7177
Lincoln Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Littleton Burlington – Minuteman Senior Services 781-272-7177 Longmeadow Springfield – Department of Elder Affairs 413-750-2893 Lowell Lawrence-Elder Services of Merrimack Valley 978-683-7747 Ludlow Springfield – Department of Elder Affairs 413-750-2893 Lunenberg Milford - Central Mass Association of COA 508-422-9931 Lynn Malden - Mystic Valley Elder Services 781-324-7705 Lynnfield Malden - Mystic Valley Elder Services 781-324-7705 Malden Malden - Mystic Valley Elder Services 781-324-7705 Malden Malden - Mystic Valley Elder Services 781-324-7705 Manchester Lawrence-Elder Services of Merrimack Valley 978-683-7747 Mansfield Attleboro - Council on Aging 508-222-1399 Marbiehead Malden - Mystic Valley Elder Services 781-324-7705 Marbiehead Malden - Mystic Valley Elder Services 781-324-7705 Marshfield Midleborough - Council on Aging 800-231-1155 Marshfield Middleborough - Council on Aging 800-231-1155 Marshfield Middleborough - Council on Aging 800-231-1155 Marshfield Middleborough - Council on Aging 800-231-1155 Marshgee Yarmouth - Council on Aging 508-394-9326 Mattapan Boston Commission on Affairs of the Elderly 617-635-4366 Mattapan Boston Commission on Affairs of the Elderly 617-635-4366 Mattapan Boston Commission on Affairs of the Elderly 617-635-4366 Mattapoisett Middleborough - Council on Aging 800-231-1155 Medford Malden - Mystic Valley Elder Services 781-272-7177 Medfield Sharon - HESSCO 781-784-4944 Medford Malden - Mystic Valley Elder Services 781-324-7705 Medford Milford - Central Mass Association of COA 508-422-9931 Metrose Malden - Mystic Valley Elder Services 781-324-7705 Medford Milford - Central Mass Association of COA 508-422-9931 Milloury Milford - Central Mass Association of COA 508-422-9931 Milloury Milford - Central Mass Association of COA 508-422-9931 Milloury Milford - Central Mass Association of COA 508-422-9931 Milloury Milford - Central M		·	413-773-5555
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MendonMilford - Central Mass Association of COA508-422-9931MerrimackLawrence-Elder Services of Merrimack Valley978-683-7747MethuenLawrence-Elder Services of Merrimack Valley978-683-7747MiddleboroughMiddleborough - Council on Aging800-231-1155MiddlefieldTurners Falls - Franklin County Home Care413-773-5555MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-773-5555MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524Mont WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Medway		508-422-9931
MerrimackLawrence-Elder Services of Merrimack Valley978-683-7747MethuenLawrence-Elder Services of Merrimack Valley978-683-7747MiddleboroughMiddleborough - Council on Aging800-231-1155MiddlefieldTurners Falls - Franklin County Home Care413-773-5555MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillisuryMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-773-5555MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield - Elder Services of Berkshire County413-499-0524Monty WashingtonPittsfield - Elder Services of Berkshire County413-499-0524	Melrose	Malden - Mystic Valley Elder Services	781-324-7705
MethuenLawrence-Elder Services of Merrimack Valley978-683-7747MiddleboroughMiddleborough – Council on Aging800-231-1155MiddlefieldTurners Falls – Franklin County Home Care413-773-5555MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls – Franklin County Home Care413-773-5555MonsonSpringfield – Department of Elder Affairs413-750-2893MontagueTurners Falls – Franklin County Home Care413-773-5555MontaguePittsfield - Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield - Elder Services of Berkshire County413-499-0524	Mendon	Milford - Central Mass Association of COA	508-422-9931
MethuenLawrence-Elder Services of Merrimack Valley978-683-7747MiddleboroughMiddleborough – Council on Aging800-231-1155MiddlefieldTurners Falls – Franklin County Home Care413-773-5555MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls – Franklin County Home Care413-773-5555MonsonSpringfield – Department of Elder Affairs413-750-2893MontagueTurners Falls – Franklin County Home Care413-773-5555MontaguePittsfield - Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield - Elder Services of Berkshire County413-499-0524	Merrimack	Lawrence-Elder Services of Merrimack Valley	978-683-7747
MiddleboroughMiddleborough – Council on Aging800-231-1155MiddlefieldTurners Falls – Franklin County Home Care413-773-5555MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls – Franklin County Home Care413-773-5555MonsonSpringfield – Department of Elder Affairs413-773-5555MontagueTurners Falls – Franklin County Home Care413-773-5555MontgomeryPittsfield -Elder Services of Berkshire County413-499-0524Monty WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Methuen		978-683-7747
MiddletonMalden - Mystic Valley Elder Services781-324-7705MilfordMilford - Central Mass Association of COA508-422-9931MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-750-2893MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls - Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Middleborough	Middleborough – Council on Aging	800-231-1155
Milford Milford - Central Mass Association of COA 508-422-9931 Millbury Milford - Central Mass Association of COA 508-422-9931 Millis Sharon - HESSCO 781-784-4944 Millville Milford - Central Mass Association of COA 508-422-9931 Milton Sharon - HESSCO 781-784-4944 Monroe Turners Falls - Franklin County Home Care 413-773-5555 Monson Springfield - Department of Elder Affairs 413-750-2893 Montague Turners Falls - Franklin County Home Care 413-773-5555 Monterey Pittsfield - Elder Services of Berkshire County 413-499-0524 Montgomery Turners Falls - Franklin County Home Care 413-773-5555 Mount Washington Pittsfield - Elder Services of Berkshire County 413-499-0524	Middlefield	Turners Falls – Franklin County Home Care	413-773-5555
MillburyMilford - Central Mass Association of COA508-422-9931MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-750-2893MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls - Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Middleton	Malden - Mystic Valley Elder Services	781-324-7705
MillisSharon - HESSCO781-784-4944MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-750-2893MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield - Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls - Franklin County Home Care413-773-5555Mount WashingtonPittsfield - Elder Services of Berkshire County413-499-0524	Milford	Milford - Central Mass Association of COA	508-422-9931
MillvilleMilford - Central Mass Association of COA508-422-9931MiltonSharon - HESSCO781-784-4944MonroeTurners Falls - Franklin County Home Care413-773-5555MonsonSpringfield - Department of Elder Affairs413-750-2893MontagueTurners Falls - Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls - Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Millbury	Milford - Central Mass Association of COA	508-422-9931
MiltonSharon - HESSCO781-784-4944MonroeTurners Falls – Franklin County Home Care413-773-5555MonsonSpringfield – Department of Elder Affairs413-750-2893MontagueTurners Falls – Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Millis	Sharon - HESSCO	781-784-4944
MonroeTurners Falls – Franklin County Home Care413-773-5555MonsonSpringfield – Department of Elder Affairs413-750-2893MontagueTurners Falls – Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Millville	Milford - Central Mass Association of COA	508-422-9931
MonsonSpringfield – Department of Elder Affairs413-750-2893MontagueTurners Falls – Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Milton	Sharon - HESSCO	781-784-4944
MontagueTurners Falls – Franklin County Home Care413-773-5555MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Monroe	Turners Falls – Franklin County Home Care	413-773-5555
MontereyPittsfield -Elder Services of Berkshire County413-499-0524MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Monson	Springfield – Department of Elder Affairs	413-750-2893
MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524	Montague	Turners Falls – Franklin County Home Care	413-773-5555
MontgomeryTurners Falls – Franklin County Home Care413-773-5555Mount WashingtonPittsfield -Elder Services of Berkshire County413-499-0524		,	413-499-0524
,	Montgomery	Turners Falls – Franklin County Home Care	413-773-5555
Nakani Malan Maria Willia Ellis Control 304 004 3305	Mount Washington	Pittsfield -Elder Services of Berkshire County	413-499-0524
Nanani Maiden - Mystic Valley Elder Services /81-324-7/05	Nahant	Malden - Mystic Valley Elder Services	781-324-7705

City or Town	Regional Office is located in	Work Phone
Nantucket	Yarmouth - Council on Aging	508-394-9326
Natick	Needham – Council on Aging	781-453-8076
Needham	Needham – Council on Aging	781-453-8076
New Ashford	Pittsfield -Elder Services of Berkshire County	413-499-0524
New Bedford	Middleborough – Council on Aging	800-231-1155
New Braintree	Milford - Central Mass Association of COA	508-422-9931
New Marlborough	Pittsfield -Elder Services of Berkshire County	413-499-0524
New Salem	Turners Falls – Franklin County Home Care	413-773-5555
Newbury	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Newburyport	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Newton	Needham - Council on Aging	781-453-8076
Norfolk	Sharon - HESSCO	781-784-4944
North Adams	Pittsfield -Elder Services of Berkshire County	413-499-0524
North Andover	Lawrence-Elder Services of Merrimack Valley	978-683-7747
North Attleboro	Attleboro - Council on Aging	508-222-1399
North Brookfield	Milford - Central Mass Association of COA	508-422-9931
North Dartmouth	Middleborough – Council on Aging	800-231-1155
North End	Boston - Commission on Affairs of the Elderly	617-635-4366
North Reading	Malden - Mystic Valley Elder Services	781-324-7705
North Westport	Attleboro - Council on Aging	508-222-1399
Northampton	Turners Falls – Franklin County Home Care	413-773-5555
Northboro	Needham – Council on Aging	781-453-8076
Northbridge	Milford - Central Mass Association of COA	508-422-9931
Northfield	Turners Falls – Franklin County Home Care	413-773-5555
Norton	Attleboro - Council on Aging	508-222-1399
Norwell	Sharon - HESSCO	781-784-4944
Norwood	Sharon - HESSCO	781-784-4944
Oak Bluffs	Yarmouth - Council on Aging	508-394-9326
Oakham	Milford - Central Mass Association of COA	508-422-9931
Orange	Turners Falls – Franklin County Home Care	413-773-5555
Orleans	Yarmouth - Council on Aging	508-394-9326
Otis	Pittsfield -Elder Services of Berkshire County	413-499-0524
Oxford	Milford - Central Mass Association of COA	508-422-9931
Palmer	Springfield – Department of Elder Affairs	413-750-2893
Parker Hill	Boston - Commission on Affairs of the Elderly	617-635-4366
Paxton	Milford - Central Mass Association of COA	508-422-9931
Peabody	Malden - Mystic Valley Elder Services	781-324-7705
Pelham	Turners Falls – Franklin County Home Care	413-773-5555
Pembroke	Middleborough – Council on Aging	800-231-1155
Pepperell	Milford - Central Mass Association of COA	508-422-9931
Peru	Pittsfield -Elder Services of Berkshire County	413-499-0524
Petersham	Turners Falls – Franklin County Home Care	413-773-5555
Phillipston	Turners Falls – Franklin County Home Care	413-773-5555
Pittsfield	Pittsfield -Elder Services of Berkshire County	413-499-0524

City or Town	Regional Office is located in	Work Phone
Plainfield	Turners Falls – Franklin County Home Care	413-773-5555
Plainville	Sharon - HESSCO	781-784-4944
Plymouth	Middleborough – Council on Aging	800-231-1155
Plympton	Middleborough – Council on Aging	800-231-1155
Princeton	Milford - Central Mass Association of COA	508-422-9931
Provincetown	Yarmouth - Council on Aging	508-394-9326
Quincy	Sharon - HESSCO	781-784-4944
Randolph	Sharon - HESSCO	781-784-4944
Raynham	Attleboro – Council on Aging	508-222-1399
Reading	Malden - Mystic Valley Elder Services	781-324-7705
Rehoboth	Attleboro – Council on Aging	508-222-1399
Revere	Malden - Mystic Valley Elder Services	781-324-7705
Richmond	Pittsfield -Elder Services of Berkshire County	413-499-0524
Rochester	Middleborough – Council on Aging	800-231-1155
Rockland	Middleborough – Council on Aging	800-231-1155
Rockport	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Roslindale	Boston - Commission on Affairs of the Elderly	617-635-4366
Rowe	Turners Falls – Franklin County Home Care	413-773-5555
Rowley	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Roxbury	Boston - Commission on Affairs of the Elderly	617-635-4366
Royalston	Turners Falls – Franklin County Home Care	413-773-5555
Russell	Springfield – Department of Elder Affairs	413-750-2893
Rutland	Milford - Central Mass Association of COA	508-422-9931
Salem	Malden - Mystic Valley Elder Services	781-324-7705
Salisbury	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Sandisfield	Pittsfield -Elder Services of Berkshire County	413-499-0524
Sandwich	Yarmouth - Council on Aging	508-394-9326
Saugus	Malden - Mystic Valley Elder Services	781-324-7705
Savoy	Pittsfield -Elder Services of Berkshire County	413-499-0524
Scituate	Sharon - HESSCO	781-784-4944
Seekonk	Attleboro – Council on Aging	508-222-1399
Sharon	Sharon - HESSCO	781-784-4944
Sheffield	Pittsfield -Elder Services of Berkshire County	413-499-0524
Shelburne	Turners Falls – Franklin County Home Care	413-773-5555
Sherborn	Needham – Council on Aging	781-453-8076
Shirley	Milford - Central Mass Association of COA	508-422-9931
Shrewsbury	Milford - Central Mass Association of COA	508-422-9931
Shutesbury	Turners Falls – Franklin County Home Care	413-773-5555
Somerset	Attleboro – Council on Aging	508-222-1399
Somerville	Burlington – Minuteman Senior Services	781-272-7177
South Boston	Boston - Commission on Affairs of the Elderly	617-635-4366
South Hadley	Springfield – Department of Elder Affairs	413-750-2893
Southampton	Turners Falls – Franklin County Home Care	413-773-5555
Southboro	Needham – Council on Aging	781-453-8076

City or Town	Regional Office is located in	Work Phone
Southbridge	Milford - Central Mass Association of COA	508-422-9931
Southwick	Turners Falls – Franklin County Home Care	413-773-5555
Spencer	Milford - Central Mass Association of COA	508-422-9931
Springfield	Springfield – Department of Elder Affairs	413-750-2893
Sterling	Milford - Central Mass Association of COA	508-422-9931
Stockbridge	Pittsfield -Elder Services of Berkshire County	413-499-0524
Stoneham	Malden - Mystic Valley Elder Services	781-324-7705
Stoughton	Middleborough - Council on Aging	800-231-1155
Stow	Burlington – Minuteman Senior Services	781-272-7177
Sturbridge	Milford - Central Mass Association of COA	508-422-9931
Sudbury	Needham – Council on Aging	781-453-8076
Sunderland	Turners Falls – Franklin County Home Care	413-773-5555
Sutton	Milford - Central Mass Association of COA	508-422-9931
Swampscott	Malden - Mystic Valley Elder Services	781-324-7705
Swansea	Attleboro – Council on Aging	508-222-1399
Taunton	Attleboro – Council on Aging	508-222-1399
Templeton	Milford - Central Mass Association of COA	508-422-9931
Tewksbury	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Tisbury	Yarmouth - Council on Aging	508-394-9326
Tolland	Springfield – Department of Elder Affairs	413-750-2893
Topsfield	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Townsend	Milford - Central Mass Association of COA	508-422-9931
Tyngsborough	Lawrence-Elder Services of Merrimack Valley	978-683-7747
Tyringham	Pittsfield -Elder Services of Berkshire County	413-499-0524
Upton	Milford - Central Mass Association of COA	508-422-9931
Uxbridge	Milford - Central Mass Association of CO	508-422-9931
Wakefield	Malden - Mystic Valley Elder Services	781-324-7705
Wales	Springfield – Department of Elder Affairs	413-750-2893
Walpole	Sharon - HESSCO	781-784-4944
Waltham	Needham – Council on Aging	781-453-8076
Ware	Springfield – Department of Elder Affairs	413-750-2893
Wareham	Middleborough – Council on Aging	800-231-1155
Warren	Milford - Central Mass Association of COA	508-422-9931
Warwick	Turners Falls – Franklin County Home Care	413-773-5555
Washington	Pittsfield -Elder Services of Berkshire County	413-499-0524
Watertown	Needham – Council on Aging	781-453-8076
Wayland	Needham – Council on Aging	781-453-8076
Webster	Milford - Central Mass Association of COA	508-422-9931
Wellesley	Needham – Council on Aging	781-453-8076
Wendell	resourcer straining	
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Wenham	8 8	413-773-5555 978-683-7747
	Turners Falls – Franklin County Home Care	
Wenham	Turners Falls – Franklin County Home Care Lawrence - Elder Services of Merrimack Valley	978-683-7747

City or Town	Regional Office is located in	Work Phone	
West End	Boston - Commission on Affairs of the Elderly	617-635-4366	
West Newbury	Lawrence - Elder Services of Merrimack Valley	978-683-7747	
West Roxbury	Boston - Commission on Affairs of the Elderly	617-635-4366	
West Springfield	Springfield – Department of Elder Affairs	413-750-2893	
West Stockbridge	Pittsfield -Elder Services of Berkshire County	413-499-0524	
Westborough	Needham - Council on Aging	781-453-8076	
Westfield	Turners Falls – Franklin County Home Care	413-773-5555	
Westford	Lawrence-Elder Services of Merrimack Valley	978-683-7747	
Westhampton	Turners Falls – Franklin County Home Care	413-773-5555	
Westminster	Milford - Central Mass Association of COA	508-422-9931	
Weston	Needham – Council on Aging	781-453-8076	
Westport	Attleboro – Council on Aging	508-222-1399	
Westwood	Sharon - HESSCO	781-784-4944	
Weymouth	Sharon - HESSCO	781-784-4944	
Whately	Turners Falls – Franklin County Home Care	413-773-5555	
Whitinsville	Milford - Central Mass Association of COA	508-422-9931	
Whitman	Middleborough – Council on Aging	800-231-1155	
Wilbraham	Springfield – Department of Elder Affairs	413-750-2893	
Williamsburg	Turners Falls – Franklin County Home Care	413-773-5555	
Williamstown	Pittsfield -Elder Services of Berkshire County	413-499-0524	
Wilmington	Burlington – Minuteman Senior Services	781-272-7177	
Winchendon	Milford - Central Mass Association of COA	508-422-9931	
Winchester	Burlington – Minuteman Senior Services	781-272-7177	
Windsor	Pittsfield -Elder Services of Berkshire County	413-499-0524	
Winthrop	Malden - Mystic Valley Elder Services	781-324-7705	
Woburn	Burlington – Minuteman Senior Services	781-272-7177	
Worcester	Milford - Central Mass Association of COA	508-422-9931	
Worthington	Turners Falls – Franklin County Home Care	413-773-5555	
Wrentham	Sharon - HESSCO	781-784-4944	
Yarmouth	Cape Cod – Yarmouth COA	508-394-9326	